

SADGURU SANKALP NETRA CHIKITSALAYA

Name of Patient : Mrs. Mehtab Laxman Bai
Age : 80 Years
Address : Village Khimapura, Tehsil Susner, Dist. Shajapur, Madhya Pradesh.



Before



After

It was a late winter evening of 23rd Nov 2009, when an old lady stepped down from a bus which had arrived from a cataract screening camp organized at “Susner” district Shajapur. She was helped by the volunteer to reach the ward and her allotted bed. The poor lady was almost blind and was dependent on the volunteer and the other fellow patients brought down from the same camp. After having the dinner she went to sleep as it was very cold outside for her.

Mrs. Mehtab Bai W/O Mr. Laxman, 80 years old female resident of village Khimapura, Tehsil Susner, District Shajapur; One eyed admitted for LE Cataract was the information which was revealed from the case paper which was initially filled at camp site.

She wake up early in the morning and was sitting on her bed where she was offered the morning breakfast and tea. At around 8:00 AM the ward incharge informed all the patients to leave all their essentials on the bed and get prepare for the pre operative workup at the OPD. Mrs. Mehtab Bai along with the other patient went to the OPD for preoperative work up.

She has 3 daughters and 2 sons who are all married and live in a separate house leaving behind both the old parents alone. Mr. Laxman has 3 brothers who also live separately but are having cordial relationship.

Mr. Laxman has a small piece of land and his income depends only on that. Being old he cannot perform any other work. His wife Mrs. Mehtab Bai assists him in farming but most often she remains busy with her house hold work for which she usually takes a long time because of diminished vision.

Almost 11 years ago she had a sudden severe pain in RE and after few days it turned white. At that time she was able to see from her left eye. About 5 years ago, she had a complaint of diminished vision from LE which within last 2 years has reduced to almost no vision. She was not able to carry

out her daily house hold work with ease and her social mobility was limited. She was not able to attend any function in the family or in the village due to poor vision. Gradually she was getting cut off from the society and her near and dear ones. She started to leave a lonely life with no one to care for her. Being a small farmer her husband was not able to arrange for her treatment. The poor old aged couple was left with no other alternative then to wait for what has written in their fate.

Both of them were living a miserable life until one day when they heard an announcement in their village informing them about a free eye camp to be organized at Susner on 23rd Nov 2009. They felt very happy to hear the announcement and instantaneously decided to attend the camp.

On 23rd Nov 2009 Mrs. Mehtab Bai underwent eye examination at the cataract screening camp organized by SSNC. Surgeon after the preliminary examination admitted her for Cataract LE. The ophthalmologist also informed her that she would not be able to see from her right eye and operation of left eye is only possible. The counsellor and the team made them understand the importance of surgery for the left eye as she is already blind from the other. After discussing out things she finally agreed to come along with the other patients to SSNC for surgical treatment.

At the OPD at SSNC it was observed during pre-operative investigation that she had a vision 2FFC in the LE and was blind from RE. After some other preliminary investigation such as tension, keretometry,A-scan etc. she was successfully operated on 24th Nov 2009 and a lens of power + 26.0 D was implanted. At the time of discharge on 25th Nov 09 she had a post operative vision of 6/24. She was happy as she would now be able to participate in the social function and will be able serve her husband in a much better way than before.

The case clearly illustrates the negligence on part of people as far as eye care is concerned. Mrs. Mehtab Bai had a complaint of diminishing vision in both eyes since very long almost 11 years but still she waited till she became almost blind and things became very very difficult for her. The delay has resulted in partial blindness and further delay would have resulted in total blindness. Hence curative measures are only not enough. Awareness and sensitization of community plays a vital role in the eradication of needless blindness.