

## Case story

Aaradhya Seth, a 04 years old girl, is residing in Satna district. She is studying in 01<sup>st</sup> standard in a private school. Her father is working in a private company in Satna district and her mother is a housewife. She is the only child.

Her father informed that we were not aware about her eye condition, as Aaradhya never told them about the same. Her parent informed that during the school screening being done by the team of Sadguru Netra Chikitsalaya, Aaradhya was referred to Chitrakoot hospital with a referral card.



After their visit to the hospital and performing detailed examination by the doctors, the team informed the parents that she can again recover her vision with a pair of spectacles and low vision exercises. As Aaradhya was residing in Satna district and it was not possible to visit daily for the exercise, the doctors explained the tricks to perform the exercise at their home only.

Now after 10 months of initiation of her treatment with regular follow ups, her vision is improving.