

## Case story

Jyoti, a 13 years old girl, is residing in Rimari village, Birsinghpur block, Satna district. She is studying in 06<sup>th</sup> standard in a government school (GMS, Rimari). Her father works as a farmer and her mother is a housewife.

Her grandmother informed that since last year Jyoti has told many times that she is having minor headache, but the family members never thought that her eyes are getting weak. This thought of the family members neglected the vision problem of Jyoti for about a year.



With a detailed discussion with Jyoti, she informed that from the last one year she was not able to see the blackboard clearly which was affecting her performance in the class. This was making her feel depressed. This depression was also not allowing to focus on her dream to become a singer. She told that a team of Sadguru Netra Chikitsalaya, visited her school in the month of Dec-17 to screen the eyes of the children. During the screening, she was provided with a yellow card (referral slip) and was asked to visit the hospital for detailed examination.

She visited our hospital on 20<sup>th</sup> Sep 2018 for the detailed examination after around 9 months of eye examination done at her school. After the cycloplegic refraction and examination done by the doctor, the counselor counseled her grandmother that she will recover her vision with a simple pair of spectacles and a regular follow-up. This brought a smile on the face of her grandmother as well as Jyoti.

Now after prescribing the spectacles her vision came to 6/6 with a glass of +0.25D in RE & +0.50D in LE respectively.